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Volunteers to Pack 100,000 Meals to Help WipeOut Hunger in Haiti

WOODBIDGE, VA - (February 15, 2010) –The House, Incorporated, A Student Leadership Center, in partnership with George Mason University's LEADScholars and L-TEAM, is sponsoring a two-day event, **'WipeOut,' Saturday, February 20 and Sunday, February 21** to combat hunger in Haiti. Volunteers of all ages are needed to package 100,000 life-saving meals for the victims of the recent earthquake that devastated much of the country.

The House has partnered with a hunger relief organization to distribute its humanitarian relief to various community settings, schools, clinics and orphanages in Haiti. Participants will package 100% of the



food through an assembly line process of measuring ingredients, pouring ingredients into bags, weighing bags, sealing bags or sealing boxes for shipment.

“Mothers in Haiti make cookies out of mud to appease their childrens’ hunger,” said Helen McCormick, President of The House. “The recent earthquake there makes dealing with hunger even more desperate for the entire country. 100,000 meals is a huge commitment, but The House promises to do its part to help wipe out hunger.”

Every meal that will be packed at The House has been scientifically formulated to provide starving people with all the nutrients they need for a day. The formula includes rice, soy, 20 vitamins and minerals and dehydrated vegetables, needing only boiling water to prepare it.

In 2009, The House packaged 113,500 meals for people in Haiti. “We are inviting adults and youth, families, and organizations in DC Metro to come and help The House meet this crucial need again,” McCormick continued.

Packing sessions will take place at the following times:

Saturday, February 20: 11 a.m.-1 p.m.; 1:30-3:30 p.m.; 4 p.m. - 6 p.m.; 6:30-8:30 p.m.

Sunday, February 21: 10 a.m.-12 noon; 12:30 p.m.-2:30 p.m.; 3 – 5 p.m.

Each session requires a commitment of two hours time and a minimum gift of \$35 per participant. Volunteers can sign up to help pack meals by calling The House at 571-237-5860. Registration is a must to accommodate all volunteers.

People unable to attend 'WipeOut' can still participate through their financial donations by contacting The House or going to its web site, www.thehouse-inc.com. Donations of all amounts will go a long way in the fight against world hunger. Because The House wires donations directly, all funds go to meet the immediate needs of the people in Haiti with no deductions for administrative or overhead costs.

McCormick concluded by quoting a Haitian proverb: "What the eyes can't see, the heart can't feel.' Saying we care that people are hungry must be demonstrated by providing substantial food for their stomachs. 'WipeOut' gives us the opportunity to satisfy hunger and give Haitian people fresh hope."

***The House, Incorporated**, A Student Leadership Center located at 14000 Crown Court, Suite 105, Woodbridge, Virginia, conducts before and after-school, and summer camp day programs; weekend evening Open House, the spring Cinderella Ball, 'EmpowerMENT Summits,' and other special events for middle and high school students in the greater DC area. The House is a 501(c)(3) nonprofit organization and donations are tax-deductible. Visit www.thehouse-inc.com for more information.*

***George Mason University LEAD** An inclusive and diverse body of students who work in conjunction with the LEAD office to provide Leadership, Training, Empowerment And Motivation. The L-TEAM believes that everyone has the potential to make a positive difference through active and continues leadership. Through workshops, outreach, and volunteering, we embody and encourage leadership to unite and engage Mason and the surrounding communities. Visit www.leadgmu.edu*

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